

Age-Appropriate Programming

Elementary School Programs

Make nutrition exciting for younger students with dynamic, age-appropriate initiatives:

- **Nutrition: Game On!** - A new yearlong adventure with themed missions, interactive activities and a cast of engaging characters meant to make learning about nutrition fun and to encourage healthy eating habits every day.
- **Farmers Markets** - Hands-on experiences with local produce connect students to healthy eating and local agriculture.



Middle and High School Programs

Older students are empowered to take charge of their nutrition and explore new flavors and menu options, through:

- **Student Choice Events** - Students vote on menu options, actively shaping their dining experience.
- **Sports Nutrition** - Science-based education and targeted promotions help student-athletes perform at their best while learning more about nutrition.
- **Power Up** - Interactive lessons, cooking demos and performance-focused meals connect healthy eating with energy and focus for all students.